

# Urticaria.

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Hi

I had been a sufferer of Urticaria for 3 months. I was suffering from this disease due to my hectic lifestyle & bad food habits.

Beoz of urticaria I was losing my concentration & as my work was also getting affected a lot.

After meeting Dr. Meher, life has changed a lot & my condition has improved more than 70%. This is one part of it. also in the due course of my treatment I have realised what I thought I was eating <sup>was</sup> right also got proved to be wrong.

Earlier I was getting treated by a allopathic doctor but then it is only a way of suppressing the disease. here I had been able to get it cured:

I had also learnt how & what you consume can be a big differentiator in your life. all thanks to Dr. Meher.

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