

Hypertension

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I was a patient of high blood pressure since last 2 years. and having allopathic medicines. My blood pressure was about 150 to 95. Recently about 5 months back my wife also suffered from high blood pressure. She was reluctant to have allopathic medicine due to their side effects.

She was eager to have homeopathic medicines.

One of my relatives was a regular patient of Dr. Sunil Mehra. He advised my wife to take his treatment.

At first she alone took the treatment and to my surprise her blood pressure was normal within 3 months, with both the medicines ^{combined} ~~combined~~ together. Then gradually doctor reduced her allopathic medicine. Having such a nice experience of normalising the high blood pressure (As allopathic doctor says that high blood pressure will never be brought to normal and you have to continue with the medicine) I also asked the doctor to treat me. I also took the medicine from Dr. Sunil Mehra. Initially I had both homeopathic and allopathic medicine but gradually Dr. reduced my dose of allopathic medicine and now for last 1 month both of us are only on homeopathic medicine and having a normal blood pressure.

Special Thanks to Dr. Sunil Mehra.

Umesh Pawaskar