

Weight loss.

classmate

Date 29/7/11

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Metrorrhagia (Uterine Bleeding) 93

Patient Name : Swati Gupta

Disease : Menses for continuous 2 months.

Duration of illness : 2-3 months

Duration of treatment : 2 months

Percentage Recovery : 100 %

Number : [REDACTED]

After my second C-section, after ^{3-4 months of} the delivery of baby, my bleeding was unstoppable. I tried to take allopathy medicine (PAUSE) with no help. Even the HOD of LUNAATI HOSPITAL said I will have to live with this bleeding till the time I am on breastfeeding. Then I visited Doctor Sunil Mehra. He immediately pointed out this is due to my pregnancy weight and I should concentrate on diet to loose weight. I continued my routine diet and joined gym. I didn't loose any weight and bleeding aggravated. Since April 21st I followed ~~strict~~ diet routine as advised by doctor, and I lost 8 kgs in 3 months. Also it regularized ~~to~~ my bleeding cycle.

I am really happy and thankful to doctor for curing me and also helping me loosing pregnancy weight. Learning is, a healthy diet is cure to every problem. If diet is rectified, body will be blessed naturally.

Doctor always ~~help~~ listens on phone, replies to sms, gives personal attention during treatment.

I was not aware that homeopathy has a cure to every problem, today even for smallest illness. I prefer homeopathy. I haven't come across any side effects of homeopathy so far.

Swati Gupta

29th July 2011